

POWER OF A FOCUSED LIFE #1

I. THE NEED FOR VISION AND FOCUS

- Pro. 29:18 – Where there is no vision, the people perish.
- Get clarity about who you are in the purpose of God.
- If you do not have a vision, you will squander your time.
- Squandering time is the same as squandering destiny.
- Managing time is a skill that can be developed and can get better through practice.

II. COMPONENTS OF A FOCUSED LIFE

A. Vision

- Vision is the big picture.
- Thing you want to die for, or what you are willing to live for.
- What do you want to be said about you when you stand before God?

B. Goals

- Goals are measurable, defined, and serve your vision.
- Example: Friendship with family, anointed prayer life, know the Word, and be in shape.

C. Action plan

- Series of measurable, concrete steps with deadlines that help fulfill your goals
- Action plan on studying the Bible and prayer.

D. Schedule

- 15 minute or one hour increments – study, rest, exercise, prayer, relationships, etc.
- Redo schedule (5-20%) every three or four months.
- Takes time to schedule, but saves time.
- Show another person your schedule to develop your ability to manage time.
- Aggressive schedule – life energies maximized.
- Tyranny of the urgent – depletes life energies.
- Keeping 80 percent of the 168 hours is an “A”.
- There is room for emergencies, divine surprises, and when you are just tired.
- Developing life routines will serve you ability to enter into your destiny.

The Lord says: "Awake, you who sleep, Arise from the dead, And Christ will shine on you." 15 See then that you walk wisely, not as fools but as wise, 16 redeeming the time, because the days are evil. 17 Therefore do not be unwise, but understand what the will of the Lord is. (Ephesians 5:14–17)